Your child can use a mask safely when:

- They are awake and over age 2;
- **and:** They will tell you if they have problems with the mask so it can be taken off;
- **and:** They will not pull on it or choke themselves with it;
- **and:** They are supervised by an adult if they are young.

**If you have concerns, check with your child’s health care provider.**

Find out more about the health impacts of wildfire smoke exposure [here](wspehsu.ucsf.edu).