

NEW! The first installment of an eBook on how to promote health and prevent disease

A Story of Health

A Story of Health begins with a family reunion that brings you into the lives of fictional people with some of the chronic illnesses that are a serious problem for the health of our nation – asthma, developmental disabilities, cancer, infertility, diabetes, and cognitive decline. Through their stories, you'll learn the potential causes of these diseases and conditions, and explore prevention strategies.

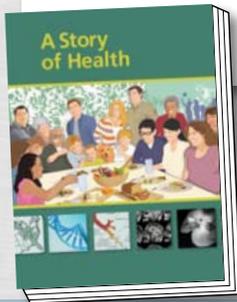
They are stories about our health as individuals, families and communities.

The stories highlight the many ways our health is affected by the environments where we live, eat, work, play, pray, volunteer, gather and socialize. These stories also illustrate how we can prevent disease and promote health.

This interactive eBook includes colorful illustrations and graphics, videos from health and policy experts, links to numerous resources, and more, to help readers navigate the complex world of health.



Finally, a resource that clearly explains the multiple factors that influence our health across the lifespan – the natural, built, chemical, food, economic, and social environments – and how they interact with genetics and each other.



A Story of Health is written by health experts, with content relevant to a wide audience, from clinicians, to health advocates, to policy makers.



A Story of Health is a collaboration among the Agency for Toxic Substances and Disease Registry (ATSDR), the Collaborative on Health and the Environment (CHE), the Office of Environmental Health Hazard Assessment,

California Environmental Protection Agency (OEHHA), the Science and Environmental Health Network (SEHN), and the University of California Pediatric Environmental Health Specialty Unit (PEHSU).

Free Continuing Education credits offered through the Centers for Disease Control and Prevention/ATSDR.

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Download *A Story of Health* at <http://coeh.berkeley.edu/ucpehsu/soh.html>

