

A Story of Health

An eBook on
how to promote health
and prevent disease.

A Story of Health

brings you into the lives of fictional people with some of the chronic illnesses and conditions that are a serious problem for the health of our nation.

The stories highlight

how our health is affected by where we live, eat, work, play, pray, volunteer and socialize. They also illustrate how we can prevent disease and promote health.



A resource that clearly explains the multiple factors that influence our health across the lifespan - (the natural, built, chemical, food, economic, and social environments) - and how they interact with genetics and each other.

A Story of Health is written by health experts, with content relevant to a wide audience, from clinicians, to health advocates, to policy makers.

Five chapters are now available:

Active

**Case
Children
(Autism)**

**Learned/
Environmental
Disability**

Mortality

**Explosive
Trucks**

New!



Active



Case
Children
(Autism)



Learned/
Environmental
Disability



Mortality



Explosive
Trucks



New!

A Story of Health is a collaboration among the Agency for Toxic Substances and Hazardous Waste (ATSDH), Environmental Protection Agency, the Office of Environmental Health Hazard Assessment, California Environmental

Protection Agency (CalEPA), the Centers for Disease Control and Prevention (CDC), and the National Toxicology Program's Environmental Health Agency (NTP-EHA).

Free Downloadable
materials offered through the
Centers for Disease Control
and Prevention (CDC).

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www.cdc.gov

Free Download: www.ehponline.org/docs/2014/10/101014storyofhealth