

WILDFIRE SMOKE EXPOSURE

Some Masks Protect You and Your Family from Wildfire Smoke More than Others

Your child can use a mask safely when:

- They are awake and over age **2**;
and: They will tell you if they have problems with the mask so it can be taken off;
- and:** They will not pull on it or choke themselves with it;
- and:** They are supervised by an adult if they are young.

If you have concerns, check with your child's health care provider.

Find out more about the health impacts of wildfire smoke exposure [here](#).

