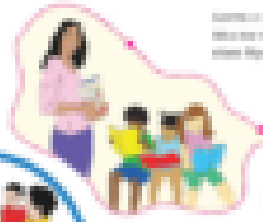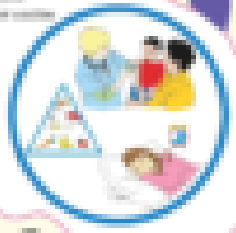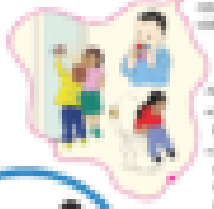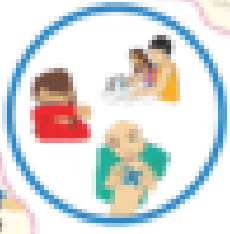Ayúúlóól Semwaay Leyir Olighát me llól Imwal Rághefisch