

Climate Change and Pregnancy Resources:

Climate change and health:

“Climate change and your health” from the CDC <https://www.youtube.com/embed/yUmwA-GjE1Q?rel=0>

World Health Organization. Climate change and health. <https://www.who.int/news-room/fact-sheets/detail/climate-change-and-health>.

Intersection of climate change and reproductive justice:

https://www.hrw.org/sites/default/files/media_2020/10/climatecrisis-reproductivejustice-US_1020_web.pdf

Resources from the New York State Children’s Environmental Health Centers:

<https://nyscheck.org/climate/?highlight=climate%20change>

Air pollution:

EPA. What are volatile organic compounds (VOCs). <https://www.epa.gov/indoor-air-quality-iaq/what-are-volatile-organic-compounds-vocs>

EPA. Cleaner Power Plants. Available at: <https://www.epa.gov/mats/cleaner-power-plants>.

EPA. Sources of Greenhouse Gas Emissions. <https://www.epa.gov/ghgemissions/sources-greenhouse-gas-emissions>.

Particulate Matter (PM) Basics from the EPA. <https://www.epa.gov/pollution/particulate-matter-pm-basics>.

Monitor the Air Quality Index in your area. <https://fire.airnow.gov/>

Instructions to make a low-cost DIY air cleaner here:

https://www.epa.gov/system/files/documents/2021-09/diy-air-purifier-infographic_final.pdf/

Heat:

The National Institute for Occupational Safety and Health (NIOSH). Heat- reproductive health. <https://www.cdc.gov/niosh/topics/repro/heat.html>.

New York State Department of Health. When it's Too Hot for a Fan.

<https://www.health.ny.gov/publications/6594.pdf>.

Extreme heat. Centers for Disease Control and Prevention.

<https://www.cdc.gov/disasters/extremeheat/index.html>.

<https://www.cdc.gov/disasters/extremeheat/heattips.html>

Check Current Temperature Probability Outlook or Current Heat Index Outlook at

<https://nihhis.cpo.noaa.gov/> to assess risk of extreme heat in your area.

Emergency preparedness

Recommendations for preparing an “emergency go-bag” <https://www.ready.gov/kit>

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html>

<https://www.ready.gov/hurricanes>

CDC resources specific to pregnant and breastfeeding people regarding preparing for disasters <https://www.cdc.gov/reproductivehealth/emergency/safety->

[messages.htm?CDC_AA_refVal=https://www.cdc.gov/reproductivehealth/emergency/wildfires.htm](https://www.cdc.gov/reproductivehealth/emergency/wildfires/messages.htm?CDC_AA_refVal=https://www.cdc.gov/reproductivehealth/emergency/wildfires.htm)

Wildfire and wildfire smoke:

Using Masks to Protect Children and Pregnant People from Wildfire Smoke from WSPEHSU

https://www.pehsu.net/Library/facts/PEHSU_Fact_Sheet_Wildfires_and_Mask_Use_Families_07_2021.pdf.

Resources on planning ahead for wildfire <https://www.readyforwildfire.org/>

Wildfire evacuation checklist: <https://ucanr.edu/sites/fire/files/294649.pdf>

Wildfire smoke and pregnancy advice from the CDC: <https://www.cdc.gov/air/wildfire-smoke/pregnancy.htm>

Tornadoes:

Tornado safety Information from the CDC

<https://www.cdc.gov/nceh/features/tornadosafety/index.html>

APHA resources: <http://www.getreadyforflu.org/Resources/Fact-Sheets/Family-Tornadoes>

Floods:

CDC guidance for returning to a home impacted by mold:

<https://www.cdc.gov/disasters/mold/index.html>

Mt. Sinai PEHSU guidance for homes and schools impacted by flooding.

<https://icahn.mssm.edu/files/ISMMS/Assets/Research/PEHSU/Resources%20Homes%20and%20Schools%20Flooding.pdf>

Mt. Sinai/AAP/PEHSU guidance regarding post-hurricane return for children and pregnant people: <https://icahn.mssm.edu/files/ISMMS/Assets/Research/PEHSU/Hurricane.pdf>

Vector borne disease and pest management:

Determine if you live in an area that now has the mosquitos that carry Zika or other viruses that can harm pregnancy <https://wwwnc.cdc.gov/travel/page/zika-information>

CDC advice to avoid insect bites in pregnancy

<https://www.cdc.gov/pregnancy/zika/pregnancy.html>

World Health Organization. Vector-borne diseases Fact Sheet. <https://www.who.int/news-room/fact-sheets/detail/vector-borne-diseases>

WHO guidelines for malaria. <https://apps.who.int/iris/rest/bitstreams/1411121/retrieve>.

World Health Organization. Global strategic framework for integrated vector management. <https://www.who.int/publications/i/item/WHO-CDS-CPE-PVC-2004.10>.

Clinical resources to reduce the carbon footprint of health care

The Choosing Wisely campaign (<https://www.choosingwisely.org/>).